

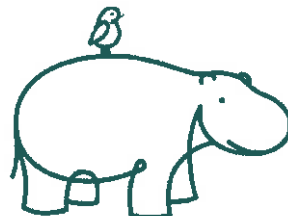


**FAMILY FRIENDS IN WINDSOR
AND MAIDENHEAD
(A company limited by
guarantee)**



**REPORT AND FINANCIAL
STATEMENTS**

**FOR THE YEAR ENDED
31 MARCH 2019**



familyfriends
in Windsor and Maidenhead



**Charity Registration Number:
1141145**

Company Number: 07462339



REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

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REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

REFERENCE AND ADMINISTRATIVE INFORMATION

Directors

Simon Foy (Chair)
Janet Rose
Helga Zink
Richard Germain
George Fussey (Resigned 7/11/18)
Janice Miller
Eram Dodhy (Resigned 22/10/18)
Ross Feeney (Resigned 27/10/18)

Director of Services

Tracy Muschamp (Appointed 5th March 2018)

Registered Office

The Lawns Nursery School
Imperial Road
Windsor
SL4 3RU

Charity Registration number

1141145

Company Registration number

07462339

Independent Examiner

Starfish Accounting Ltd
The Bowler Barn
Bartletts Court
Bath Road
Littlewick Green, Berkshire, SL6 3RX

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

1. Objectives and Activities:

1.1 Objectives:

Family Friends is a small charity, set up in 1995, based in the Royal Borough of Windsor and Maidenhead. As a registered charity and company limited by guarantee, our primary objective as stated in our Articles is: "to preserve the good physical and mental health of the public, in particular those residents in the Royal Borough of Windsor and Maidenhead, with particular regard to families, through the provision of practical and emotional support to families in need."

- We have a dedicated team of professionals and volunteers who are committed to ensure that families receive the best possible assistance to address their specific needs.
- We provide two core services – a family support service supporting children and parents either on a 1-1 basis or in groups and a service where fully trained volunteers support families in their homes.
- Our services are free and are offered unconditionally to any family whose needs satisfy our service provision criteria

1.2 Activities:

1.2.1 Volunteer Service:

During the year, our cohort of 34 volunteers continued to support families in the home, usually visiting the family for two hours a week over a period of 6-12 weeks (in some cases longer). Providing a life line to struggling families; volunteers offer a listening ear and a helping hand in times of need. The type of support they offer is wide ranging, but can include: role modelling positive parenting/play; helping families to go out with their children and access toddler groups, children's centres and other community resources, thereby helping to build support networks and relieve isolation; giving parents a break from stressful situations and a helping hand at busy times.



Volunteers have also helped facilitate group work, transport children to groups, deliver training and help at community fundraising events.

Two volunteer induction days were arranged during the year, which resulted in nine new volunteers joining our network.

1.2.2 Family Support Work:

We continued to deliver 1:1 and group support to parents and children, including:

- Three anxiety courses for children
- One PICADA course (Positive Intervention for Children Affected by Domestic Abuse)
- Three Triple P parenting courses
- 1:1 work with children on issues including low self-esteem; anger management; separation and anxiety; school transition issues; bullying; bereavement; challenging behaviour and much more
- 1:1 work with parents to help them manage children's behavioural issues, better support children through difficulties and build more positive relationships in the family



TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

We also completed our Early Years Transition Project, funded by Spoore Merry & Rixman Foundation – supporting parents of children transitioning into their first year of primary school, particularly working with Maidenhead Nursery, Riverside School and Nursery and St Luke's School, where a particular need had been identified. We ran a range of sessions, drop-ins, coffee mornings and focused workshops at each venue as well as the local Mosque. The sessions reflected the needs identified by parents, the schools and nurseries. We also involved the library service with some of the sessions to highlight to parents the value of reading with their children. The project helped increase confidence, improve routines such as sleep and mealtimes, improve independence, increase learning opportunities and reduce anxiety.



1.2.3 Army Families:



We have continued to support our local army families this year through two projects: Our 'Building Resilience of Army Families, Now and for the Future' project funded by The Royal British Legion was completed in October 2018. Parenting support was provided to serving parents in barracks, as well as supporting the non-serving parent and children. It also involved working with 'role model' army families to provide peer support to other families, helping them to access other community resources. We delivered a varied programme of sessions, groups for parents and children, and holiday activities for children and families.



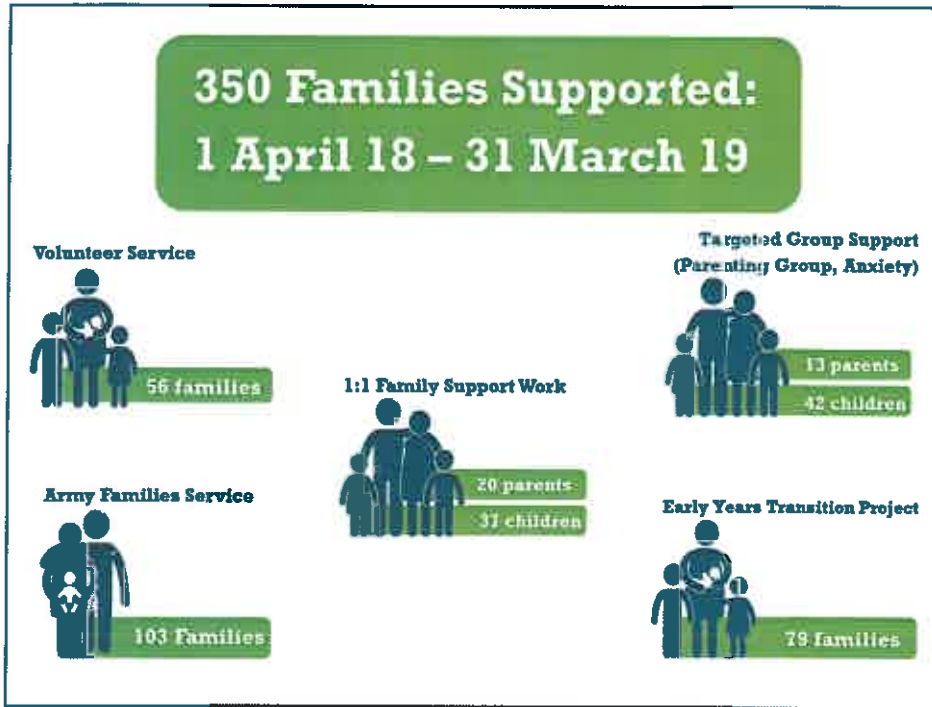
In October 2018 we received funding from the Armed Forces Covenant Fund Trust enabling us to continue our work with army families through a 'Family Transitions Project', which will run to the end of October 2019. This project supports the emotional wellbeing and integration of army families experiencing transitions and challenges, with a particular focus on families of the Household Cavalry Regiment leaving Windsor and the Welsh Guards moving in. Support has been delivered through drop-ins and coffee mornings, 'Lite Bites' sessions, workshops for children and parents, as well as holiday activities.

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

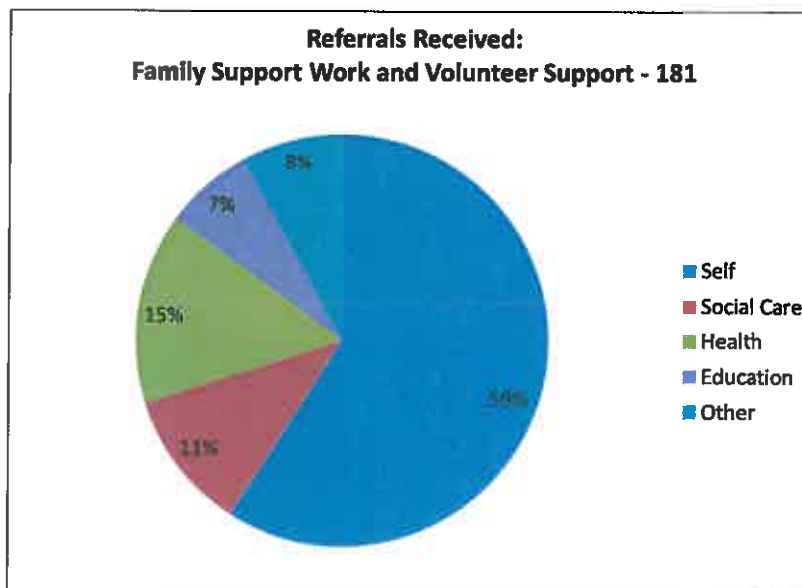
2 Achievements and Performance:

2.1 Families & Children Supported during the year:



By supporting 350 families we made a positive difference to 607 adults and 766 children.

We received 181 referrals for targeted one-to-one and group support during the year, from a wide range of sources:



A high percentage of our referrals are self-referrals recommended by partner agencies as well as by 'word of mouth'.

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

2.2 Performance:

We continued to measure our impact using our 'evaluation wheel', whereby parents and children select the categories that are most applicable to them and identify where they are on the wheel for each category at the start of our support and at the end.

Over the year, for 94% of the families supported emotional wellbeing was their primary need, 5% safety and 1% physical wellbeing.

Out of a possible 5 levels on our outcomes wheel, families supported during the year moved an average of 2 levels.

In September 2018, we were very proud to be awarded Charity of the Year at the RBWM Voluntary Sector awards, as well as our Volunteer Team coming 3rd in the 'Team of the Year' category. This event was attended by some of our staff, volunteers and a trustee.

Family Friends support has been a life saver in every way, such as being able to see things differently, go out with confidence, being able to speak to people and chat. I haven't felt like this in a long time, happy and free.
(Parent, Volunteer Support)

I have learnt I am not the only one with problems in families. The things that happened are not our fault.
(Child, PICADA)

My experience of volunteering with FF has been amazing! The training opportunities are varied and well delivered, the support and mentoring is always there when needed and the chance to help a family at a time of need is an absolute privilege. (Volunteer)

The group has helped my son understand other children have been through the same thing and helped him open up about how it made him feel as he would never discuss or admit anything before.
(Parent, PICADA)

We've had so much helpful information - it has been so good. The Charity does so much good work. It's been an extra boost for us as a family to get a better routine and structure established at home- we are much happier. It's so important to get early help. Thank you.
(Parent, Volunteer Support)

My hands would shake and I would feel sick but now I am super confident. I liked feeling comfortable to talk and how to distract yourself.
(Child, Anxiety Group)

I learnt how not to be scared when my Dad goes away.
(Child, SCWAD-Group)

I would just like to say thank you very much for the support and advice that Family Friends have provided over the last year, it has been second to none to HCMR families. Every one that I have spoken with is extremely grateful for the positive impact that you have all had on their lives.
(CoH Tariq Baksh LG / WELFARE SNCO, HQ SQN / Household Cavalry Mounted Regiment)

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

2.3 Links with the local partners, agencies and community:

We have continued to work closely with key partner organisations to ensure the best possible outcomes for families, including Health Visitors, Social Care, Schools, Children's Centres and other voluntary sector organisations including DASH, Young Carers and the Autism Group. With the army community we have worked in close partnership with the welfare teams of the Household Cavalry, Coldstream Guards, Welsh Guards, Army Welfare and the Army Community Support Development Worker.



"Family life can be tough and comes with all sorts of challenges, so it's fantastic to have a local service that provides free practical and emotional support to help people cope with tough times. It really is vital to know that people have somewhere to turn to and that help will be available, free of charge, when they need it most. Family Friends provides that helping hand that can make all the difference - long may it continue to do so."

Dawn Kohn, The Autism Group

We have maintained a close relationship with the Local Authority and Achieving for Children. We have taken part in key strategic meetings and working groups including the Early Help Governance Board, the Domestic Abuse Forum, the Local Safeguarding Children's Board, and the Children's Centre Advisory Boards for both Windsor and Maidenhead hubs.

Our Community Enterprise has continued to help us to identify potential funding opportunities and to develop grant applications and we are very grateful to them for their partnership and support.

3 Financial Review:

Total income for the year was £117,208, which was unfortunately a significant reduction on the previous year. Expenditure was also significantly lower than the previously, largely due to the benefit of the savings arising from the organisational restructuring in 2018. However, despite this, expenditure remained in excess of income during the year and resulted in a deficit of £48,934.

The Board therefore agreed to transfer £60,000 from designated reserves to offset the deficit, whilst maintaining enough reserves to respect the organisation's reserves policy, the key points of which are as follows:-

- To ensure that in the event of inadequate funding, Family Friends can continue its commitment to its existing clients and employees until such time as it has had the opportunity to review the viability to continue to operate, a provision for ongoing activities equivalent to operating costs of at least 4 months
- This provision will be reviewed with the annual accounts and if necessary, more frequently. As a last resort, if it becomes necessary to completely close operations, the provision will be used to pay redundancy entitlements and any other debts.
- Any surplus will be used for charitable purposes in the Borough unless a donor has allocated funding for a particular purpose.

The year closed with total unrestricted reserves of £139,069 which included designated reserves of £60,000. The latter being enough to cover any contingent liabilities, should the financial situation not improve, and the organisation need to close.

Details of major donations received during the year are shown in Note 2 of these accounts. In addition, we also received many smaller donations from a wide range of individuals, community groups and companies and are very grateful to all of them for their support. People, associations and organisations working within our community are vitally important to our ethos and ambition as a charity.

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

4. Plans for the Future.

The ever-present financial constraints faced by statutory service providers means there is an increasing reliance on us and other similar organisations to provide services that local authorities are no longer able to deliver. Whilst, this in many ways is an opportunity, securing sufficient income to be able to deliver services that meet ever more stringent donor demands in terms of outcomes and value for money is an increasing challenge for smaller charities like ourselves. With barely enough income to fund our core services, unlike larger charities, we are unable to invest in dedicated fundraising resource, and instead remain overly reliant on existing familiar funding streams. It also means that our capacity to invest in developing new approaches and services is also limited which also diminishes our ability to secure new income streams.

Hence our strategy going forward is to limit our ambitions and remain focused on delivering our traditional core services and maintaining our reputation as a high quality, effective and efficient service provider. In particular, we plan to:

- Increase the size and scope of our volunteer network, to not only support front line service delivery but also to increase our fundraising capacity and minimise expenditure.
- Reduce some of our more specialised and therefore expensive group interventions.
- Continue to seek ways to improve how we articulate the wider impact and value of our work and differentiate ourselves from other service providers, to potential partners, donors and investors.

We also recognise that if we are unable to increase our income, we may have to consider further organisational restructuring and service rationalisation. In parallel we also recognise the need to ensure we maintain effective governance processes, robust financial controls and effective safeguarding mechanisms across the organisation.

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2019

Statement of Trustee Responsibilities

The Trustees, as directors of the charitable company, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and regulations.

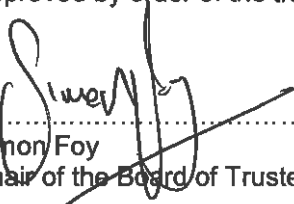
Company law requires the directors to prepare financial statements for each financial period. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and Applicable Law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to disclosure of information to auditors

Approved by order of the trustees on 11/12/19 and signed on its behalf by:


.....
Simon Foy
Chair of the Board of Trustees

Independent Examiner's Report to the Members of Family Friends in Windsor and Maidenhead

I report on the accounts of Family Friends in Windsor and Maidenhead for the year ended 31 March 2019, which are set out on pages 12 to 19.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Georgina Rollings MA (Cantab) ACA
For and on behalf of Starfish Accounting Limited
The Bowler Barn, Bartletts Court,
Bath Road, Littlewick Green,
Berkshire, SL6 3RX

Date: 25 November 2019

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2019

| | Note | Unrestricted Funds £ | Restricted Funds £ | Total 2019 £ | Total 2018 £ |
|--|------|----------------------------|--------------------------|--------------------|--------------------|
| Income from: | | | | | |
| Donations and legacies | 2 | 42,155 | 70,796 | 112,951 | 172,217 |
| Other trading activities | | - | - | - | 1,539 |
| Investments | | 4,257 | - | 4,257 | 13 |
| Total Income | | <u>46,412</u> | <u>70,796</u> | <u>117,208</u> | <u>173,769</u> |
| Expenditure on: | | | | | |
| Charitable activities | 3 | 27,343 | 138,799 | 166,142 | 298,684 |
| Total Expenditure | | <u>27,343</u> | <u>138,799</u> | <u>166,142</u> | <u>298,684</u> |
| Net income / (expenditure) before transfers | | 19,069 | (68,003) | (48,934) | (124,915) |
| Transfers between funds | | | | | - |
| Net movement in funds | 12 | <u>19,069</u> | <u>(68,003)</u> | <u>(48,934)</u> | <u>(124,915)</u> |
| Reconciliation of funds | | | | | |
| Total funds brought forward at 1 April 2018 | | 120,000 | 68,003 | 188,003 | 312,918 |
| Total funds carried forward at 31 March 2019 | | <u>139,069</u> | <u>-</u> | <u>139,069</u> | <u>188,003</u> |

All income and expenditure derives from continuing activities.

The Statement of Financial Activities includes all gains and losses recognised during the year.

The notes on pages 14 to 20 form of these financial statements

BALANCE SHEET

FOR THE YEAR ENDED 31 MARCH 2019

| | Note | 2019 | | 2018 | |
|---|------|----------------|----------------|----------------|----------------|
| | | £ | £ | £ | £ |
| FIXED ASSETS: | | | | | |
| Tangible assets | 8 | | 1,603 | | 5,172 |
| CURRENT ASSETS | | | | | |
| Debtors | 9 | - | | - | |
| Prepayments | | | | 1,834 | |
| Cash at bank and in hand | | 154,875 | | 205,489 | |
| | | <u>154,875</u> | | <u>207,323</u> | |
| CREDITORS: amounts falling due within one year | 10 | 17,409 | | (24,492) | |
| NET CURRENT ASSETS | | | 137,466 | | 182,831 |
| NET ASSETS | | | <u>139,069</u> | | <u>188,003</u> |
| FUNDS | | | | | |
| Restricted funds | | | - | | 68,003 |
| Unrestricted funds | | | 139,069 | | 120,000 |
| TOTAL FUNDS | | | <u>139,069</u> | | <u>188,003</u> |

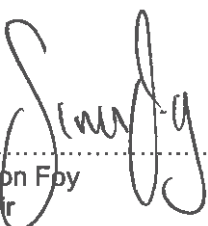
For the year ending 31 March 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies, subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board of Directors on 2019 and were signed below on its behalf by:



 Simon Foy
 Chair 11/12/19

The notes on pages 14 to 20 form of these financial statements

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

1. ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Family Friends in Windsor and Maidenhead meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Going Concern

The Board of Trustees is of the opinion that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties regarding the Trust's ability to do so.

c) Income

All income is recognised once the charity has entitlement to income, it is probable that income will be received and the amount of income receivable can be measured reliably.

Donations and gifts are included in full in the Statement of Financial Activities when there is entitlement, probability of receipt and the amount of income receivable can be measured reliably

Grants are recognised in full in the Statement of Financial Activities in the year in which the charity has entitlement to the income, the amount of income receivable can be measured reliably and there is probability of receipt.

Income from charitable activities is recognised as earned as the related services are provided. Income from other trading activities is recognised as earned as the related goods are provided

Investment income is recognised on a receivable basis once the amounts can be measured reliably.

d) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

e) Fixed Assets

Fixed assets are stated at cost or deemed cost (donated valuation at estimated fair value) less accumulated depreciation and impairment losses. Assets costing more than £100 are capitalised.

Depreciation is calculated to write off the costs of the fixed asset by equal instalments as follows, all straight line:

| | |
|-----------|-------------|
| Computers | 25% on cost |
| Equipment | 33% on cost |
| Furniture | 20% on cost |

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

1. ACCOUNTING POLICIES (CONTINUED)**f) Funds**

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

h) Cash and cash equivalents

Cash and cash equivalents includes cash and short term highly liquid investments with short term maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

i) Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments, including trade and other debtors and creditors are initially recognised at transaction value and subsequently measured at their settlement value.

j) Estimates and judgements

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. Although these estimates are based on the Trustees' best knowledge of the amount, events or actions, actual results ultimately differ from these estimates. The Trustees do not consider there to be any material estimates and judgements.

k) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

l) Legal status

Family Friends is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

2. INCOME FROM DONATIONS AND LEGACIES

| | Unrestricted Funds | Restricted Funds | Total 2019 | Total 2018 |
|---|-----------------------|---------------------|----------------|----------------|
| | £ | £ | £ | £ |
| Grants | | | | |
| Adrian Swire | - | - | - | 2,500 |
| Alexander First School | - | - | - | 5,093 |
| Ascot Fire Brigade Trust | - | 5,000 | 5,000 | 5,000 |
| BBC Children in Need | - | - | - | 32,278 |
| Berkshire Community Fund | 1,000 | 11,940 | 12,940 | 7,000 |
| CAF Tourle | - | 5,000 | 5,000 | - |
| Greenredeem | 1,000 | - | 1,000 | 1,000 |
| Kelly Family Trust | - | - | - | 5,000 |
| Louis Baylis Trust | 2,000 | - | 2,000 | 3,000 |
| Mobbs Memorial Trust | - | 773 | 773 | - |
| National Lottery | - | 9,848 | 9,848 | - |
| Persimmon Homes Ltd | - | - | - | 1,000 |
| Radian Community Grant | - | - | - | 1,497 |
| Royal Borough of Windsor and Maidenhead | - | - | - | 10,000 |
| Royal British Legion | - | - | - | 34,958 |
| Seafarers UK | - | 19,969 | 19,969 | - |
| Shanly Foundation | 5,000 | - | 5,000 | 5,000 |
| Slough Borough Council | - | 4,888 | 4,888 | - |
| Spoore Merry and Rixman Foundation | - | - | - | 25,570 |
| Thames Valley Police | 3,000 | - | 3,000 | - |
| The Prince Philip Trust Fund | - | 3,010 | 3,010 | 3,500 |
| Windsor and Maidenhead Christian Trust | - | - | - | 1,500 |
| Movement in deferred income | - | 10,368 | 10,368 | 11,268 |
| Donations | 30,155 | - | 30,155 | 17,053 |
| Total income from donations and legacies | <u>42,155</u> | <u>70,796</u> | <u>112,951</u> | <u>172,217</u> |

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

3. EXPENDITURE ON CHARITABLE ACTIVITIES

| | Unrestricted Funds £ | Restricted Funds £ | Total 2019 £ | Total 2018 £ |
|--|----------------------------|--------------------------|--------------------|--------------------|
| Staff costs (note 4) | 17,331 | 118,300 | 135,631 | 246,893 |
| Administrative costs | 3,115 | 15,024 | 18,139 | 23,156 |
| Specific project costs | - | 4,681 | 4,681 | 9,535 |
| Development costs | 1,935 | 794 | 2,729 | 14,430 |
| Governance costs | 1,393 | - | 1,393 | - |
| Depreciation | 3,569 | - | 3,569 | 4,670 |
| Total expenditure on charitable activities | <u>27,343</u> | <u>138,799</u> | <u>166,142</u> | <u>298,684</u> |

4. STAFF COSTS AND NUMBERS

| | Total 2019 £ | Total 2018 £ |
|-------------------|--------------------|--------------------|
| Employment costs | 128,789 | 241,578 |
| Other staff costs | 6,842 | 5,315 |
| Total staff costs | <u>135,631</u> | <u>246,893</u> |

No employee received remuneration at a rate in excess of £60,000, (2018: none). On average there were 6 FTE employees employed during the year (2018: 8).

The total employee benefits including pension continuations of the key management personnel were £42,913 (2017: £83,189).

5. TRUSTEES' REMUNERATION AND EXPENSES

No remuneration was paid or is payable either directly or indirectly for the year to any Trustee or to any person or persons known to be connected with any of them.

No expenses have been, or are due to be, reimbursed to the Trustees in respect of the year to 31 March 2019 (2018: Nil).

6. RELATED PARTY TRANSACTIONS

No Trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

7. TAXATION

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

8. TANGIBLE FIXED ASSETS

| | Computer Equipment | Furniture | Office & Machinery £ | Total 2019 £ |
|--------------------------|-----------------------|--------------|----------------------------|--------------------|
| Cost | | | | |
| At the start of the year | 52,979 | 2,357 | 7,182 | 62,518 |
| Additions | - | - | - | - |
| Disposals | - | - | - | - |
| At the end of the year | <u>52,979</u> | <u>2,357</u> | <u>7,182</u> | <u>62,518</u> |
| Depreciation | | | | |
| At the start of the year | 48,416 | 1,778 | 7,152 | 57,346 |
| Charge for the period | 3,221 | 318 | 30 | 3,569 |
| At the end of the year | <u>51,637</u> | <u>2,096</u> | <u>7,182</u> | <u>60,915</u> |
| Net book value | | | | |
| At the end of the year | <u>1,342</u> | <u>261</u> | <u>-</u> | <u>1,603</u> |
| At the start of the year | <u>4,563</u> | <u>579</u> | <u>30</u> | <u>5,172</u> |

All of the above assets are used for charitable purposes.

9. DEBTORS

| | 2019 £ | 2018 £ |
|---------------|-----------|--------------|
| Trade debtors | - | - |
| Prepayments | - | 1,834 |
| | <u>-</u> | <u>1,834</u> |

10. CREDITORS

| | 2019 £ | 2018 £ |
|---------------------------|---------------|----------------|
| Trade creditors | 2,472 | 915 |
| Taxation and Pensions | 3,289 | - |
| Accruals | - | 1,561 |
| Deferred income (note 11) | 11,648 | 22,016 |
| | <u>17,409</u> | <u>£24,492</u> |

NOTE TO THE ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2019

11. DEFERRED INCOME

| | 1 April 2018 £ | Received | As Income £ | 31 March 2019 £ |
|---------------|----------------------|---------------|----------------|-----------------------|
| Army Families | 14,566 | 19,969 | 22,887 | 11,648 |
| FSW | 7,450 | - | 7,450 | - |
| | <u>22,016</u> | <u>19,969</u> | <u>30,337</u> | <u>11,648</u> |

Deferred income comprises of grants received in the current year which relate to future periods.

12. MOVEMENT IN FUNDS

| | As at 1 April 2018 £ | Incoming resources and gains £ | Outgoing resources and gains £ | Transfers £ | As at 31 March 2019 £ |
|---------------------------------|-------------------------------|---|---|----------------|--------------------------------|
| Restricted funds: | | | | | |
| Army Families | 15,153 | 22,887 | 38,040 | - | - |
| Asian Families | 4,166 | - | 4,166 | - | - |
| FSW | 34,474 | 27,776 | 62,250 | - | - |
| Volunteer Service | 14,210 | 19,360 | 33,570 | - | - |
| Other | - | 773 | 773 | - | - |
| Total restricted funds | <u>68,003</u> | <u>70,796</u> | <u>138,799</u> | <u>-</u> | <u>-</u> |
| Unrestricted funds | | | | | |
| Unrestricted | - | 46,412 | 27,343 | 60,000 | 79,069 |
| Designated | 120,000 | - | - | (60,000) | 60,000 |
| Total unrestricted funds | <u>120,000</u> | <u>46,412</u> | <u>27,343</u> | <u>-</u> | <u>139,069</u> |
| Total Funds | <u>188,003</u> | <u>117,208</u> | <u>166,142</u> | <u>-</u> | <u>139,069</u> |